

SITZ BATH INSTRUCTIONS

GRADUATION
APPROXIMATE

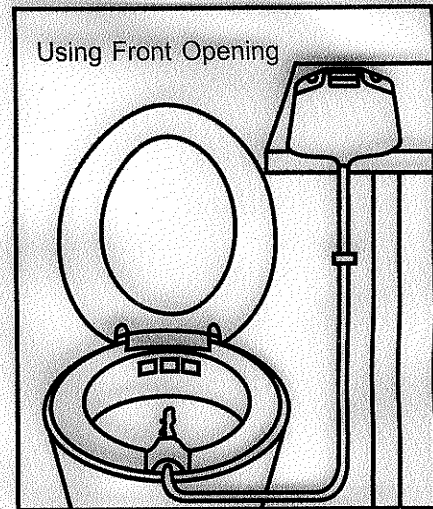
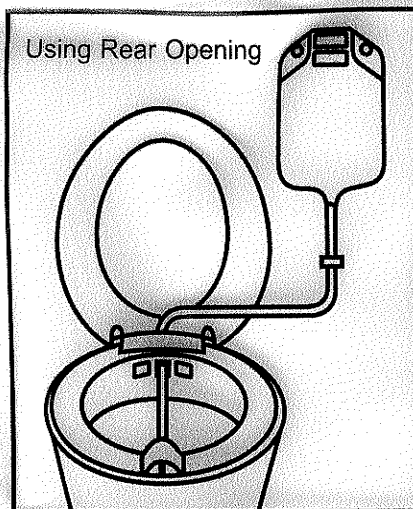
2000 C.C. ———
2-QT.

BASIN PREPARATION:

1. Raise toilet seat and cover.
2. Place Sitz Bath basin on bowl with "Front" designation towards front of bowl.
3. Fill basin with warm water (100-105F° or 38-40C°) 1/2 to 2/3 full.
4. Insert tubing through front or rear entry hole in Sitz Bath basin. Snap or secure tube into channel in basin bottom.

1500 C.C. ———

1000 C.C. ———
1-QT.



BAG PREPARATION:

500 C.C. ———

1. Position flow control clamp toward Sitz Bath Bag.
2. Using clamp close tubing by sliding clamp over tube from wide to narrow side.
3. Open top of bag and fill with hot water (105-110F° or 40-43C°).
4. Place or hang bag above Sitz Bath.

TREATMENT:

1. Sit in Sitz Bath for 15-20 minutes.
2. Maintain water temperature by adding water by opening clamp, (Overflow will drain through openings at back of basin).
3. Once desired temperature is reached, close clamp.
4. After treatment, empty and rinse basin.