

# Etac Relieve ergonomic knives

Relieve knives have an angled handle and sharp blade which make cutting easier.

The handle: The angle keeps the wrist straight and the grip friendly oval shape ensures a stable grip. The top of the handle is smoothly curved to enable a comfortable thumb position.

The blade: To facilitate cutting, the blade is very sharp. In order to minimize the risk for the hand to come in touch with the food the blade is lower than the handle.

## Etac Relieve angled carving knife

The blade is sufficiently long for cutting food and bread. The handle angle is designed to keep the wrist straight when cutting standing up.



*Relieve carving knife*

## Etac Relieve angled table knives

These table knives are available in three variants: for normal-sized hands, for small hands or children's hands and one foldable model. They are designed to keep the wrist straight when cutting whilst sitting at a table.



*Relieve table knives*



### Description

Description	Item no.
Relieve carving knife	80501101
Relieve table knife	80402101
Relieve table knife, small	80402102

### Material

Blade: Stainless steel  
 Relieve carving knife: Polyamide handle  
 Relieve table knives: Polyamide plastic handle

### Weight

Relieve carving knife: 75 g (2.7 oz)  
 Relieve knives: 72 g (2.5 oz)  
 Relieve small knife: 37 g (1.3 oz)

### Care

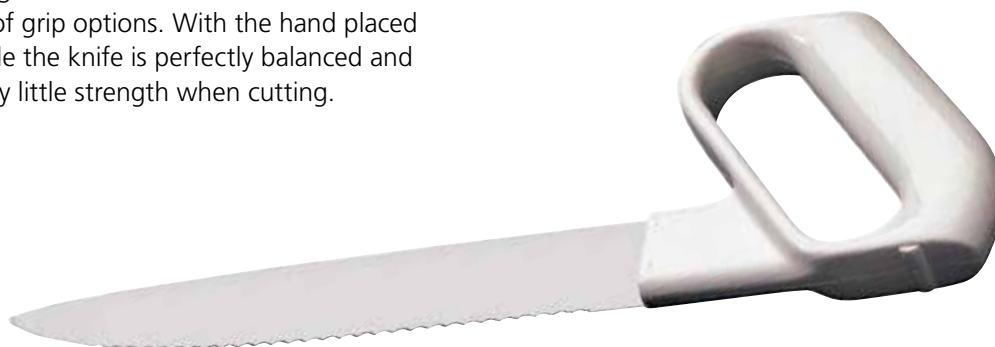
Dishwasher-safe

### Design

Ergonomidesign

## Etac Relieve kitchen knife

Compared to ordinary kitchen knives the unique closed grip gives Relieve kitchen knife an extra dimension of grip options. With the hand placed in the handle the knife is perfectly balanced and requires very little strength when cutting.



## Etac Relieve cheese slicer

Relieve cheese slicer cuts cheese, cucumber and other vegetables with ease.

Gripping with the thumb on top of the handle it fits all hand sizes. The bottom of the handle is angled to prevent contact with the cheese. The "wavy" slicing blade lifts the cheese or vegetable slice from the blade.



### Description

Relieve kitchen knife  
with serrated blade

### Item no.

80501001

Relieve cheese slicer

80502001

### Material

Relieve kitchen knife and cheese slicer  
Handle: Polypropylene  
Blade: Stainless steel

### Weight

Kitchen knife with serrated blade: 161 g (5.7 oz)  
Relieve cheese slicer: 69 g (2.4 oz)

### Care

Dishwasher-safe

### Design

Ergonomidesign



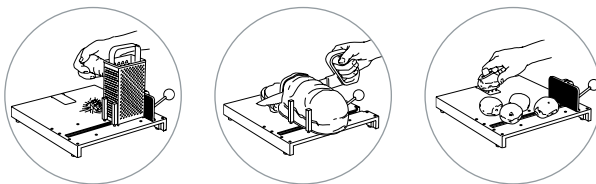
# Etac Fix - food preparation board

## Etac Cut - cutting board

With poor hand function a two hand grip doubles the strength but leaves no hand for holding. When using a two hand grip or with one hand function only, these devices are indispensable, for cutting, whipping or grating.

### Etac Fix food preparation board

Fix preparation board stands firmly on its four friction feet or the enclosed suction feet. The jaws hold a bowl, grater or piece of food in place. There is also a small plate with spikes to hold smaller pieces of food. This can be removed and also placed with the spikes pointing downwards to obtain a flat surface.



### Etac Cut cutting board

Cut cutting board simplifies slicing bread, paté, a steak or whatever is to be cut. By turning the transverse bar, the thickness of the slices is easily changed.

A knife fits in the guides, which makes it possible to cut safe and straight. An invaluable help to compensate impaired sight.



#### Description

Fix food preparation board  
Cut cutting board

#### Item no.

80501004  
80501005

#### Weight

Fix preparation board: 1.3 kg (2.87 lbs)  
Cut cutting board: 415 g (14.5 oz)

#### Material

Fix food preparation board:  
Chopping board: Polystyrene  
Metal parts: Stainless steel  
Jaws: PC/ABS

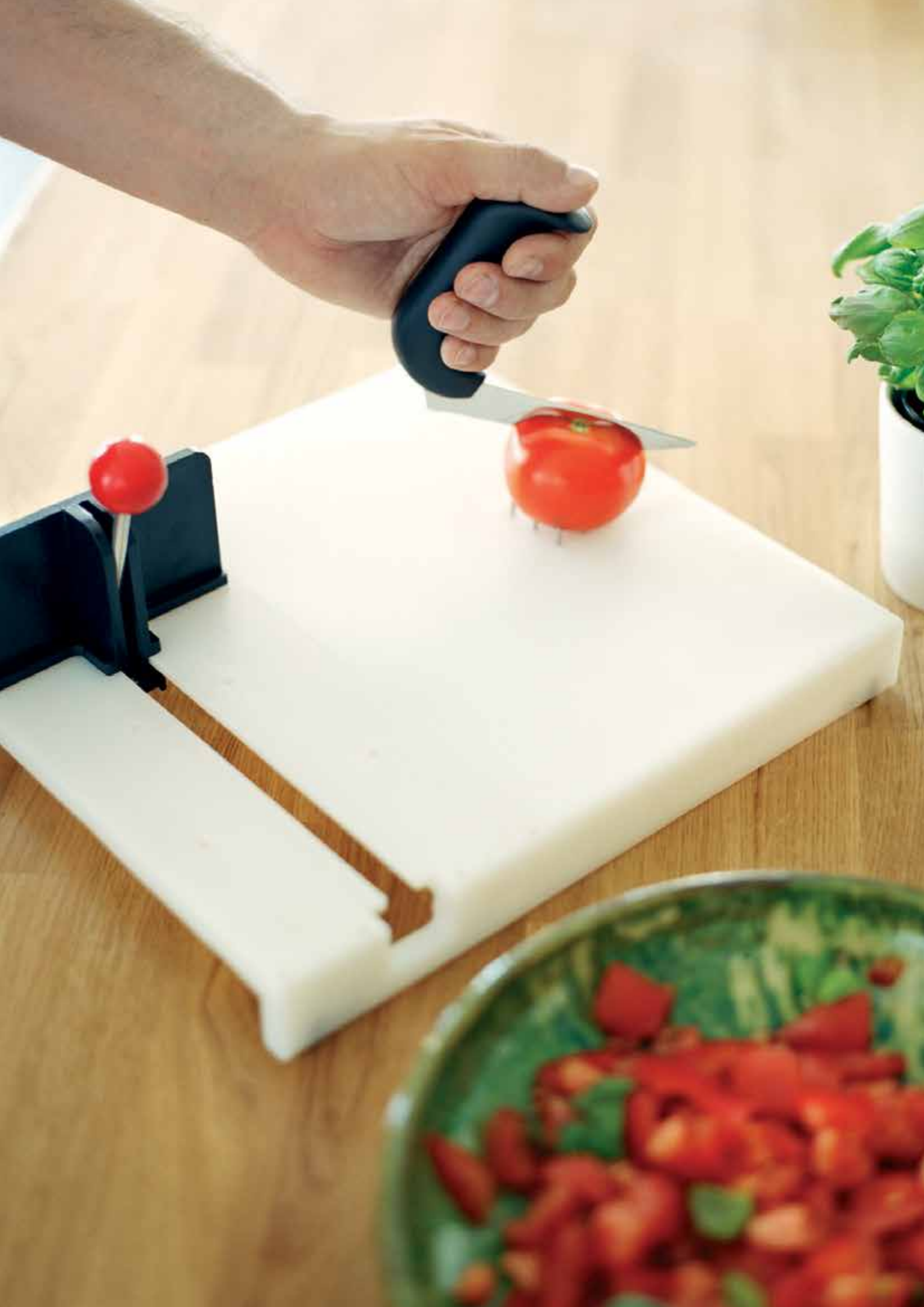
Cut cutting board:  
Polystyrene

#### Care

Dishwasher-safe

#### Design

Ergonomidesign  
The Fix preparation board is patented





# Etac Light cutlery

Etac Light cutlery and Tasty plate and glasses facilitate eating when mobility in hands and arms are restricted. There are various models available and of course they are all lightweight.

Common to all Light cutlery is a functional design of the handle and a shape that makes the grip stable and comfortable. Each cutlery has its own unique shape and design according to its specific usage and to compensate for reduced hand function.

## Etac Light cutlery, thick handles

Light Cutlery with thick handles enables a relaxed grip. The strain on the fingers is reduced thanks to the thick oval shape and lightweight design.

The soup spoon has a slightly longer and thinner handle. This facilitates a grip in the hollow between the thumb and the index finger, which is the most common way to use a soup spoon. To make cutting easier the knife handle has a slope to relieve the strain on the index finger and a special designed sharp blade.



## Etac Light spoon, angled

The lightweight angled spoons are designed to facilitate using a power grip when eating. The long stainless shaft can be slightly bent to compensate for further reduced mobility in the wrist.

*The angled spoons are available for both right-handed and left-handed use.*



### Description

Light fork, thick handle	80402002
Light soup spoon, thick handle	80402004
Light knife, thick handle	80402006
Light dessert spoon, thick handle	80402007
Light spoon, angled,	
– for right hand	80403201
– for left hand	80403202

### Dimensions

Fork: 18 cm (7")  
 Spoon: 22 cm (8¾")  
 Knife: 21 cm (8¼")  
 Dessert spoon: 18 cm (7")  
 Spoon, angled: 19 cm (7½")

### Weight

Fork: 27 g (1 oz)  
 Soup Spoon: 37 g (1.3 oz)  
 Knife: 23 g (0.8 oz)  
 Dessert spoon: 30 g (1 oz)  
 Spoon, angled: 35 g (1.2 oz)

### Material

Utensil parts: Stainless steel  
 Handle: ABS plastic

### Care

Dishwasher-safe

### Design

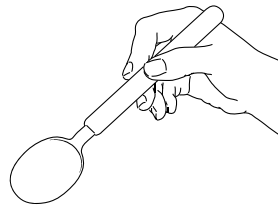
Ergonomidesign



## Etac Light cutlery, thin handles

The thin handles allow a comfortable grip between the fingers. This is a functional grip when strength and mobility are so restricted that lifting the hand requires turning the palm upwards. With the long handles the cutlery doesn't need to be lifted as high as with short handles.

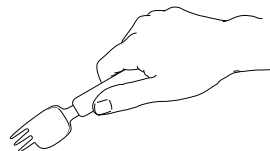
*A functional grip when the muscle strength is restricted.*



*Thin handles also facilitate eating when gripping function is reduced due to severe restricted joint mobility.*

## Etac Light, combination cutlery

Light combination cutlery consists of a knife/fork and knife/spoon and is designed for use with one hand only. One side of the handle is flat. This secures a stable grip when cutting. The knife/fork is available in right-handed and left-handed versions, while the knife/spoon is suitable for both.



### Description

Description	Item no.
Light fork, thin handle	80401003
Light spoon, thin handle	80401005
Light knife, thin handle	80401001
Light dessert spoon, thin handle	80401007



### Combination cutlery

Light knife/spoon	80403001
Light Knife/fork, right hand	80403002
Light Knife/fork, left hand	80403003

### Dimensions

Fork: 21 cm (8¼")  
 Spoon: 21 cm (8¼")  
 Knife: 22 cm (8¾")  
 Dessert spoon: 20 cm (7¾")  
 Combination cutlery:  
 Knife/fork: 18 cm (7")  
 Knife/spoon: 20 cm (7¾")

### Weight

Fork: 24 g (0.9 oz)  
 Spoon: 34 g (1.2 oz)  
 Knife: 21 g (0.8 oz)  
 Dessert spoon: 26 g (0.9 oz)  
 Combination Cutlery:  
 Knife/fork: 25 g (0.9 oz)  
 Knife/spoon: 35 g (1.2 oz)

### Material

Utensil parts: Stainless steel  
 Handle: ABS plastic

### Care

Dishwasher-safe

### Design

Ergonomidesign

# Etac Tasty – glass, beaker and plate

Tasty is a range of lightweight products with functional and discreet design to adapt to an ordinary laid table.

## Etac Tasty glass

Tasty glass is easy to handle thanks to its light weight and its design, inspired by a wine glass. It can easily be lifted without gripping the shaft. Just put the index finger and thumb around the shaft and the bowl of the glass will rest against the hand.



## Etac Tasty plate

Tasty plate has a raised edge on one side and a low edge on the other to facilitate picking up food with one hand only. The underside is equipped with a rubber strip to ensure that the plate sits securely. The Tasty plate is also suitable in a feeding situation to assist a carer.

## Etac Tasty beaker

Tasty beaker consists of a plastic beaker, a beaker holder and a lid with spout. The big handle combined with the supporting edge permits various grips, and the holder insulates against hot liquid. The design with only one handle and a supporting edge, saves space in the kitchen cabinet.



### Description

Description	Item no.
Tasty glass	80404001
Tasty plate with raised edge	80404005
Tasty beaker	80404042

### Material

Glass: Polycarbonate  
 Plate: White, heat-resistant melamine  
 Beaker: Polycarbonate  
 Holder/spout lid: Polypropylene

### Capacity

Glass: 2 dl (8 oz)  
 Beaker: 3 dl (12 oz)

### Weight

Glass: 75 g (2.6 oz)  
 Plate: 160 g (5.6 oz)  
 Beaker including holder and spout lid: 125 g (4.4 oz)  
 Beaker: 50 g (1.8 oz)  
 Holder: 60 g (2.1 oz)  
 Spout lid: 15 g (0.5 oz)

### Care

Dishwasher-safe. Will retain its shiny finish if washed by hand. NOTE! Plate must not be used in a microwave.

### Design

Ergonomidesign

# Etac Feed feeding aids

Our feeding cutlery and drinking cups are functional for both the person being fed and the one who is feeding. The products are suitable for feeding both children and frail adults who need assistance.

## Etac Feed cutlery

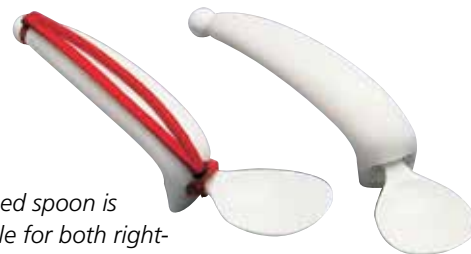
The flat and smooth design makes it easy to feed a person with restricted ability to open the mouth. The top of the handle enables a comfortable grip for the assisting person and also leaves space for the person being fed to grip.



*All three models have a flat design with softly rounded ends to feel pleasant in the mouth.*

## Etac Feed spoon – adjustable

Feed spoon is especially designed for children to facilitate eating by themselves. Using a power grip, the hand is prevented from sliding thanks to the thumb support. The angle is set with a little screw. The elastic strap is useful for children with poor gripping ability.



*Etac Feed spoon is available for both right-handed and left-handed use.*

## Etac Feed dose mug

The dose mug makes it easier to assist with drinking. The spout shape provides good contact with the lips and reduces the need of leaning the head back for secure pouring. This mug is transparent and comes with ½ dl (1.7 oz) and 1 dl (3.4 oz) markings.



Description	Item no.
Feed spoon	80403101
Feed spoon, small	80403102
Feed fork	80403103



Feed spoon, adjustable angled for right hand:	80403301
angled for left hand:	80403302
Feed dose mug	80404101



**Capacity**  
Dose mug: 1 dl (4 oz)

### Dimensions

Feed spoon: 22 cm (8¾")  
 Feed spoon, small: 20 cm (7¾")  
 Feed fork: 22 cm (8¾")  
 Feed spoon, adjustable: 16 cm (6¼")  
 Feed Dose Mug: Height, excl. spout: 7 cm (2¾")

### Weight

Feed spoon: 37 g (1.3 oz)  
 Feed spoon, small: 31 g (1.1 oz)  
 Feed fork: 34 g (1.2 oz)  
 Feed spoon adjustable: 40 g (1.4 oz)  
 Feed Dosemug: 40 g (1.4 oz)

### Material

Feed spoon and feed fork: Thermoplastic polyester  
 Feed spoon adjustable: White polyamide  
 Feed Dosemug: Polycarbonate

### Care

Dishwasher-safe

### Design

Ergonomidesign